

# CHALLENGES OF HEALTHCARE AMONG OLDER ADULTS

## Workshop

**January 14th, 2015 | 9:00 to 11:30 AM**

NOVA Medical School  
Auditório MMM  
Rua Câmara Pestana, n.º 6 – 1150-082 Lisboa

Special participation of  
**Professor Francisco  
Tarazona**, former member of  
the Directors Board of the  
European Geriatric Medicine  
Society

### Programa

**9:00 | Welcome Session**

Helena Canhão

**9:15 | Sarcopenia Obesity/Diabetes: from theory to practice**

Francisco José Tarazona

**9:45 | Round table 1: New models of geriatric care**

Miguel Toscano Rico, Heidi Gruner, Sofia Duque e Francisco José Tarazona

**10:15 | Coffee-break**

**10:30 | Round table 2: How to start a Comprehensive Geriatric Assessment**

Rita Vieira Alves, Joana Goulão, Helena Bárrios, Francisco José Tarazona

**11:00 | Round Table 3: How can we spread geriatric knowledge in Portugal?**

Sofia Duque, Francisco José Tarazona, Heidi Gruner

Inscrições:



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### **Helena Canhão**

NOVA Medical School Dean

### **Francisco José Tarazona**

Geriatric Director of Hospital Universitario de La Ribera Alzira, Valencia and Associate Professor of Universidade Católica de Valência

### **Miguel Toscano Rico**

Internal Medicine Specialist at União Local de Saúde de São José  
Invited Professor at NOVA Medical School

### **Heidi Gruner**

Coordinator of the Multidisciplinary Geriatric Consultation at Hospital Curry Cabral

### **Sofia Duque**

Finance Director of European Geriatric Medicine Society; Internal medicine specialist and coordinator of the Geriatrics Study Group (GERMI) - Portuguese Society of Internal Medicine

### **Rita Vieira Alves**

Internal Medicine Specialist - Multidisciplinary Geriatric Consultation at Hospital Curry Cabral

### **Joana Goulão**

Internal Medicine Specialist at Hospital do Mar and Invited Professor at NOVA Medical School

### **Helena Bárrios**

Director of Hospital do Mar, Invited Professor at NOVA Medical School

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